



HYPO-ALLERGENIC



LATEX-FREE



MULTIPLE DAY WEAR



WATER-RESISTANT



100% COTTON



Kinesio® Tex Tape
Perform your best with Kinesio®

Kinesio continues to provide our famous wave design that has set the standard for Kinesio Taping® practitioners worldwide. From elite athletes and weekend warriors to neurological and pediatric patients, Kinesio Tex Tape provides users with high quality and consistent results.

What is Kinesio® and how does it work?

The Kinesio Taping® Method is designed to facilitate the body's natural healing process while allowing support and stability to muscles and joints without restricting the body's range of motion. It is used to successfully treat a variety of orthopedic, neuromuscular, neurological and medical conditions. Kinesio Tex Tape is safe for populations ranging from pediatric to geriatric. Both Kinesio Tex Tape and the Kinesio Taping Method have shown results that would have been unheard of using previous methods and materials.

The Kinesio Taping Method provides extended soft tissue manipulation to prolong the benefits of manual therapy administered within the clinical setting. By targeting different receptors within the somatosensory system, the tape alleviates discomfort and facilitates lymphatic drainage by microscopically lifting the skin. It can be used in conjunction with a multitude of other treatments and modalities and is effective during the rehabilitative and chronic phases on an injury as well as being used for preventative measures.